

# HMS Cycles for courses (Hours 1, 3, 5 or Hours 2, 4, 6)

| September |    |    |    |    |
|-----------|----|----|----|----|
| M         | T  | W  | T  | F  |
|           | 1  | 2  | 3  | 4  |
| 7         | 8  | 9  | 10 | 11 |
| 14        | 15 | 16 | 17 | 18 |
| 21        | 22 | 23 | 24 | 25 |
| 28        | 29 | 30 |    |    |
|           |    |    |    |    |

| October |    |    |    |    |
|---------|----|----|----|----|
| M       | T  | W  | T  | F  |
|         |    |    | 1  | 2  |
| 5       | 6  | 7  | 8  | 9  |
| 12      | 13 | 14 | 15 | 16 |
| 19      | 20 | 21 | 22 | 23 |
| 26      | 27 | 28 | 29 | 30 |
|         |    |    |    |    |

| November |    |    |    |    |
|----------|----|----|----|----|
| M        | T  | W  | T  | F  |
| 2        | 3  | 4  | 5  | 6  |
| 9        | 10 | 11 | 12 | 13 |
| 16       | 17 | 18 | 19 | 20 |
| 23       | 24 | 25 | 26 | 27 |
| 30       |    |    |    |    |
|          |    |    |    |    |

## Cycle 1:

|                |         |        |               |
|----------------|---------|--------|---------------|
| Sept 8-Sept 23 | 10 Days | 2 Flex | 12 Total Days |
| Sept 24-Oct 9  | 10 Days | 2 Flex | 12 Total Days |

## Cycle 2:

|               |         |        |               |
|---------------|---------|--------|---------------|
| Oct 12-Oct 30 | 10 Days | 2 Flex | 12 Total Days |
| Nov 2-Nov 18  | 10 Days | 3 Flex | 13 Total Days |