

When the final bell rings in Hastings this June, hundreds of young people will pour out into the sunshine, looking forward to the three months of homework-free, unstructured time ahead of them. Whether they plan to sleep in, catch up on their gaming, or spend time at the pool, they will be excited about plenty of time with friends. Young people are at greater risk for risky behaviors during the summer when they spend long stretches of time unsupervised. Decades of statistics demonstrate that violence, drinking, and drug use rates go up during the warm summer months.

The YMCA's **Get Summer** program responds to parents' worries and young people's needs in a unique, innovative way and on an unprecedented scale. This summer the Hastings YMCA will offer 250 free memberships to youth ENTERING grades 9-12. This program will provide local, flexible opportunities for high schoolers in the safe and fun environment of the YMCA.

Young people thrive on a mix of structured and unstructured time, and **Get Summer** provides that mix:

- Free, full-access membership to the newly expanded Hastings YMCA, which includes a gym, a pool, a fitness center, fitness classes and multi-purpose spaces
- Full access to all 25 Twin Cities YMCA locations
- A safe space for teens to spend time and make new friends
- Social and physical activity opportunities
- Opportunities to connect with caring adults
- Leadership development and service learning opportunities
- A pathway to part-time jobs at the Y

Enrollment begins Friday, June 1st when the Y opens at 5AM. Participants must register in person at the YMCA and complete an orientation. No prorating of family memberships will be offered for youth members associated with those memberships. Get Summer promotion is only offered to youth entering grades 9-12 in the 2018-2019 school year who have not had a membership within the past 60 days and is limited to the first 250 youth to sign up. For questions please contact the Hastings YMCA at 651-480-8887.